

I'm not a robot









both sizes have the same cup volume. If the band on a 32B feels tight, moving up to a 34B might offer more comfort while maintaining similar cup size. Yes, 32C is considered a "sister size" to 34B, meaning they have a similar cup volume but differ in band size. If the 34B band feels loose, you could try a 32C, but keep in mind that the band on a 32C will be tighter, offering more support. It's recommended to measure your bra sizes at least once a year or if you experience any significant weight changes, pregnancy, or hormonal shifts. These factors can affect your band and cup size, so regular fittings ensure you're wearing the right size. For 32B and 34B sizes, push-up bras, balconette bras, and bralettes are excellent for enhancing shape and comfort. For 32C, T-shirt bras, balconette bras, and sports bras offer the best combination of support and lift. The right style depends on your outfit, activity, and personal preference.